#### ich glasses look d on You?

ould try on every pair of glass- es roffice to find out how each poks, but narrowing down choices can save time and ration.

brochure is designed to help natch your frame to your face and skin tone. There are four keys to choosing the correct for your face.

The frame shape should contrast with face shape type.

The frame size should be in scale with face size.

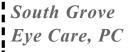
Frame color should suit your skin tone.

Your prescription.



Abbey C. Hoffman, OD is a graduate of the University of Indianapolis and a 2002 graduate of Indiana University School of Optometry. Her eye care interests include specialty contact lenses and ocular disease. She has extensive experience in the comanagement of LASIK patients. She and her husband live in Greenwood with their two children.

Regina R. Harvey, OD is a graduate of Marian College and a 2002 graduate of Indiana University School of Optometry. Her eye care interests include pediatrics and contact lenses. She lives in Franklin with her husband and daughter.



# Choosing the Be Frames for the L You Want



Quality eye care for you and your family.

Tel: 317-535-3935



## South Grove Eye Care, PC

2020 S. State Road 135 Suite 200 Greenwood, IN 46143

Phone:317-535-EYE 5 (3935) Fax: 317-535-3905 www.southgroveeyecare.com

# our Frames, our Look

ur staff guide you in the making the best e decision for you. We can help w your frame selection based on face shape, color that suit your skin and your prescription.

#### e Shape Types

and face has circular lines with the and length in the same proporand no angles. Avoid round es, try angular narrow frames to hen the face. Rectangular frames well.

shapes are considered ideal and are the most rare. Look for frames are as wide or wider than the broadart of the face, or walnut-shaped as that are not too deep or narrow.

blong face is longer than it is wide and long straight cheek line.
se frames with a bit wider top to m depth and decorative temples.
er temple attachments look nice.

Base-down triangles have narrow foreheads that widen at the cheeks. Choose frames that are fit to largest part of facial area and bolder looks. Cat-eye shapes work well.

**Base-up triangle** is wide at forehead and small at chin. Try frames that are wider at the bottom, light colors and materials. Rimless frames work well.

**Diamond** shapes are narrow at eye line with dramatic cheek bones. To bring out eyes and highlight cheeks, try oval and cateye shapes or rimless styles.

A **square** face has a strong jaw line and a broad forehead, plus width and length are in similar proportions. Try on frames with narrow vertical depths, high temple attachments, and oval shapes. Avoid square shapes.

#### **Skin Tones**

Knowing your personal skin tone will help determine what frame colors to choose.

Winters are usually brunettes with dark colored eyes. They have yellow-olive or dark skin with blue or pink undertones. Many Asians and African-Americans fall



in this category. Good colors are white, black, navy blue, red, and icy colors. Avoid pastels, beige, and orange. **Summers** tend to be natural brunettes or blondes with pale ey Pale skin and pink undertones are common. Good colors are pastels and so neutrals like lavender, plum, rose-brown soft-blue. Avoid orange and black.

**Autumns** tend to be brunettes with brown hair and golden brown eyes and tl skin has golden undertones. Good colors are camel, beige, orange, gold, and brown. Avoid blue tones such as na-vy.

**Springs** often have straw or red hair with blue or green eyes. Skin is creamy white with gold undertones. Good colors are camel, peach, golden yellow, and golden brown. Avoid dark and dull colors.

#### **Your Prescription**

If your prescription is mild, styles will no affect the look of the lens significantly. Moderate to high prescriptions need to choose smaller frames and lenses need to made of lightweight and thinner materi with anti-reflective coatings. This will significantly improve your look and visio

### South Grove Eye Care, PC

2020 S. State Road 135 Suite 200 Greenwood, IN 46143

Phone:317-535-EYE 5 (3935) Fax: 317-535-3905 www.southgroveeyecare.com